

# Psychology

What Can I Do With This Major?



**RELATED CAREER TITLES** Search for potential careers/jobs with these position titles.

|                                |   |                                |                            |                               |
|--------------------------------|---|--------------------------------|----------------------------|-------------------------------|
| Community Care Worker          | Licensed Professional Counselor*        | Health Information Technician  | Health Educator            | Community Supervision Officer |
| Administrative Specialist      | Psychologist*                           | Community Relations            | Mental Health Worker       | Patient Advocate              |
| Mental Health Technician       | Behavioral Technician                   | Animal Cruelty Officer         | Market Researcher          | Psychiatric Nurse*            |
| Program Assistant              | Case Manager*                           | Youth Worker                   | Legislative Analyst        | Activities Coordinator        |
| Research Assistant             | Client Services Manager                 | Client Advocate                | Academic Adviser           | Recruiter                     |
| Protective Services Specialist | Licensed Chemical Dependency Counselor* | Community Outreach Coordinator | Volunteer Services Manager | Human Services Technician     |

\*These positions likely require a professional degree or certification beyond Bachelors.

## EXPLORE CAREER SPECIFIC WEBSITES

[www.texaspsyc.org](http://www.texaspsyc.org) | [www.unitedwayhouston.org/job-bank](http://www.unitedwayhouston.org/job-bank) | [www.ihirementalhealth.com](http://www.ihirementalhealth.com)  
[www.socialsciencecareers.org](http://www.socialsciencecareers.org) | [www.theharriscenter.org/Job-Listings](http://www.theharriscenter.org/Job-Listings) | [www.mhahouston.org](http://www.mhahouston.org)

**PROFESSIONAL ORGANIZATIONS** Affiliate yourself with groups to network and learn about the field (Also see GatorSync)

- ✓ Psi Chi Honor Society - Psychology Honor Society (UHD)
- ✓ Psychology Club (UHD)
- ✓ Texas Psychological Association
- ✓ Texas Counseling Association
- ✓ American Psychology Association

**GRADUATE SCHOOL CONSIDERATIONS** \*Programs not offered at UHD

Master of Education in Counseling\* | Master of Science in Clinical Psychology\* | Master of Art in Psychology\* | Juris Doctorate (JD)\*  
 Master of Arts in Non-profit Management | Master of Arts in Teaching | Master of Business Administration | Master of Public Policy\*  
 Master of Science in Technical Communication | Master of Science in Criminal Justice | Masters of Education in Higher Education

## COMMUNITY PARTNERSHIPS

Research local organizations offering internships/field experiences to students pursuing a Psychology degree.

|   |  |                               |                          |                         |                        |                        |                    |
|---|--|-------------------------------|--------------------------|-------------------------|------------------------|------------------------|--------------------|
| USDA/ARS Children's Nutrition Research Center | Mona Mentors Community Agency, Inc.    | Catholic Charities            | Big Brothers Big Sisters | The Council on Recovery | Covenant House         | SEARCH Homeless Center | A-Med Hospice      |
| DePelchin Children's Center                   | Neighborhood Centers                   | The Bridge                    | M.D. Anderson            | The Center              | The Arbor School       | NAMI                   | ACLU of Texas      |
| St. Luke's Episcopal Health System            | The Dēmos Center for the Public Sector | Mercer Society                | Interfaith Ministries    | St. Vincent de Paul     | VITAS Healthcare of TX | HAWC                   | Allied-THA         |
| Crisis Intervention of Houston, Inc.          | Houston Zoo                            | Mothers Against Drunk Driving | Planned Parenthood       | CHOSEN Clinic           | Aldine Y.O.U.T.H       | Bering Omega           | Free the Captives! |

## What is Psychology?

The Bachelor of Science degree in Psychology teaches students to master skills in research, project development, analysis, and presentation of findings. Graduates who earn a Bachelor of Science in Psychology demonstrate an understanding of the major concepts, discoveries, and historical trends in psychology.

Interested in discussing your career path possibilities? Visit UHD Main Career Development Center, S-402 or call 713.221.8980

# Psycho Gator

Sugarland, TX - (815) 555-1234 - [chrissmith@aol.com](mailto:chrissmith@aol.com)

## EDUCATION

### **University of Houston-Downtown**

*Bachelor of Science in Psychology*

Houston, TX

Dec. 2017

## SOCIAL SERVICES EXPERIENCE

### **Kishwaukee Community Hospital**

*Psychiatric Technician*

Austin, TX

Jan. 2014 – Present

- Provide feedback on patient functioning to professional staff
- Gain first-hand knowledge of the applied use of DSM-IV, psychotropic medications, and evidence-based treatments for anxiety and mood disorders
- Facilitate group therapy sessions in a supportive manner that involves all group members
- Counsel patients on a one-to-one basis, focusing on life skills and behavior modification

### **Opportunity House**

*Developmental Aide*

Houston, TX

Aug. 2012 – Jan. 2014

- Organized and conducted recreational activities for 6-10 developmentally disabled adults
- Co-presented personal hygiene and social skills workshops to groups of 20 patients

### **St. Thomas Aquinas Hospital**

*Patient Care Technician*

Houston, TX

May 2011 – Jul. 2012

- Transported 5+ patients with physical disabilities to hospital departments efficiently and safely
- Coordinated special deliveries to patients and departments in a timely manner
- Advised the public about the hospital operations and patient care, by phone and in person
- Interacted professionally and confidentially with nursing staff and doctors

## VOLUNTEER EXPERIENCE

### **Community Connection**

*Homework Helper*

Houston, TX

Sept. 2012 – Dec. 2012

- Provided support and tutoring facilitation for math, reading, science and social science homework assignments utilizing Spanish language skills
- Supervised more than 20 grade school students at a local community center
- Instructed students on how to use computer programs, such as Microsoft Word and basic keyboarding
- Mediated student conflicts and taught listening and conflict resolution skills

## RESEARCH EXPERIENCE

### **Psychology Lab, University of Houston-Downtown**

*Research Assistant*

Houston, TX

Jan. 2013 – Dec. 2013

- Completed an inventory inspection of intervention materials; researched new interventions
- Entered district-wide CBM data into SPSS; scored MAZE data
- Wrote literature reviews for lab-related articles on social support, bullying and response-to-intervention
- Attended weekly meetings with research team to discuss protocol changes

## HONORS AND SCHOLARSHIPS

University Honors Program, Aug. 2009 – Dec. 2013

Ryanne Mace Memorial Scholarship – Fall 2009

## SKILLS

Language: Fluent in Spanish; comfortable with basic translating and interpreting

Computer: MS Office: Word, Excel, PowerPoint