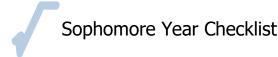


# **Career Development Plan**

### Sophomore Year - Engage & Reflect







Consider career pathways. To learn more, go to Careers & Majors



- Set up an appointment with your Career Coach to focus your career activities based on your major (713-221-8980; uhdcareer@uhd.edu, Main Building South 402)
- Visit the MCC website for career activities (informational interviews, volunteer, job shadowing, internships, part-time positions) based on your career interests
- Conduct informational interviews with those who work in your field of interest (e.g. faculty, academic advisors, alumni, business leaders and community members)
- Attend 1 MCC Event! See the Jobs4Gators calendar for more information, go to our Facebook or LinkedIn, call 713-221-8980, or stop by our office, One Main Building, South 402







- Deepen your involvement in a club or organization related to your career interest or passion
- Build skills future employers or graduate admissions committees find valuable - volunteer, plan an event, serve on a committee, engage with campus activities
- Login to CampusGroups at <a href="https://uhd.campusgroups.com/">https://uhd.campusgroups.com/</a> to track your progress







Continue to develop your **UHD NETWORK**. Create a LinkedIn profile and connect with us:

**UHD Main Career Center** 

### Resume ==

- Review the MCC Resume Packet under Application Preparations on the MCC website
- Strengthen your resume by adding career activities. See page 13 for a sample
- Upload to Jobs4Gators

Stay on Track

	MCC Appointment Date:	Time:
	Appointment Topic:	
	Notes:	

Investigate career activities (informational interviews, volunteer,
job shadowing, internships, part-time positions) based on your
career interests:

Activity	Person/Organization
1) Informational Interview	
2) Volunteering	
3)	
☐ Event Name:	
Date:	
·	this event & how you will use it to

<b>Deepen</b> Org	ganization	Invo	lvement	:
A _4::4	:			

1)	Activities	SKIIIS
,		
2)		

Browse LinkedIn professionals in your field
Name:
Organization:/Company:
Notes:

### ☐ Link to MCC Resume Resources:

www.uhd.edu/student-resources/career/Pages/career-resume.aspx

Critical Thinking 48





Communication Collaboration Digital Technology





Global Fluency





## **RESOURCES**

RECOMMENDATIONS	POSSIBLE RESOURCES
Discuss the qualifications for occupations Get help in selecting an academic program Discuss job market for college graduates Get help selecting an occupation Discuss advantages/disadvantages of occupations	Academic Advising (N320) Main Career Development Center (S402) Davies COB Career Center (B104) Gator Success Center (N310)
Discuss attitude toward school Discuss an unwanted habit Discuss personal relationships & social life Discuss family problems Discuss emotional tensions Discuss unhappy feelings	Counseling Center (S445) Center for Equity, Diversity & Inclusion (S370) Health Center (S445) Sport & Fitness (SLC) Disability Services (GSB314)
Get help with exam skills Get help with study habits Get help with writing skills Get help with basic math skills Get tutoring in selected areas Get help with reading skills	Supplemental Instruction (S405) Math & Statistics Center (N925) Writing and Reading Center (N925) Mentoring (N310) Success Strategies (N310) Library / Library study rooms (N400) Disability Services (GSB314) Foreign Language Lab (N950) Science Learning Center (N604) Social Sciences Statistics Lab (N1085)
Get help meeting new friends Get information about student activities Get advice from an experienced student Get information about clubs and social organizations	Student Activities (S204) Veteran's Services (GSB318) Sports & Fitness (SLC) Study Abroad (S370C) Center for Diversity, Equity, & Inclusion (S370)
Get help finding a part-time job Obtaining a loan Obtaining scholarships Finding a Summer Job	Main Career Development Center (S402) Davies COB Career Center (B104) Financial Aid & Scholarships (S330)

Source: University Academic Advising Center/Main Career Development Center