UHD Center for Teaching and Learning Excellence

Reflection Prompt Activity
An AI Resilient Assignment Adjustment Strategy

Use this bitly link to work online: **bit.ly/reflect-w3**

Step 1 — Explore Categories of Authentic Reflection

Identify categories of reflection that align with the intellectual work students do in your assignment.

Step 2 — Select 1–2 Reflection Prompts

Choose one or two prompts from the categories you identified above.

Reflection prompt(s) I selected:

Step 3 — Adapt the Reflection Prompt into the Assignment

(Copy and paste into Copilot)

Task: Help me adapt a reflection prompt so it fits naturally at the end of my existing assignment.

Here is the assignment description:

[Paste the assignment description here.]

Here is the reflection prompt I want to use or adapt:

[Paste the chosen reflection prompt here.]

What I need from you:

- Rewrite or adapt the reflection prompt so it feels integrated with the assignment.
- Make the wording studentfriendly, concise, and purposeful.
- Ensure the prompt encourages students to reveal their thinking, reasoning, or decisionmaking, rather than summarizing their work.
- Provide 2–3 polished versions I can choose from.

Your copilot adapted reflection prompt:

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Step 4 — Add a Micro Check to Increase Integrity

Identify a short verification step that helps students demonstrate engagement with their process.

Micro check I plan to include:

- A small artifact (draft excerpt, screenshot, outline, notes, decision log)
- 2–3 bullet points students must include in their reflection
- Describe a moment where they used feedback or course materials
- A 30 second audio explanation
- Citation reflection
- Course-specific anchor
- Course anecdote