The American Psychological Association (APA) is the largest scientific and professional organization of psychologists in the United States, with more than 118,000 members, including scientists, educators, clinicians, consultants, and students. Its mission is to promote the advancement, communication, and application of psychological science and knowledge to benefit society and improve lives.

Definition of "Psychology"

Psychology is a diverse discipline, grounded in science, but with nearly boundless applications in everyday life. Some psychologists do basic research, developing theories and testing them through carefully honed research methods involving observation, experimentation, and analysis. Other psychologists apply the discipline’s scientific knowledge to help people, communities, and organizations function better.

What is APA Style?

APA Style describes rules for the preparation of manuscripts for writers and students in social sciences, such as Psychology, Linguistics, Sociology, Economics, and Criminology, Business, and Nursing. It establishes standards of written communication concerning:

- the organization of content
- writing style
- citing references
- and how to prepare a manuscript for publication in specific disciplines.

APA Style makes it easier for readers to understand a text by providing a familiar structure they can follow.